

ONU Cheerleading Information Form

Name: _____ Phone #: _____

Age: _____ Email: _____

Shoe Size: _____

Class as of Fall 2009(circle one):

Freshman Sophomore Junior Senior T-shirt Size (circle one): S M L XL

Circle any previous cheerleading experience you have:

High School Middle School All-Stars Competition Gymnastics Stunting

Circle any tumbling skills you have:

Back Handspring Round-off Back Handspring Back Tuck Round-off Back Tuck

Please indicate if you have experience with any of the following stunts and the main position you had in each stunt using a *B* for base, *F* for flier, and *S* for spotter:

___Shoulder Sit ___Shoulder Stand ___Chair ___Half Extension ___Full Extension ___Liberty

Liability Release

I acknowledge that I elect to participate in stunting and/or tumbling at ONU Cheerleading tryouts and will receive spotting from existing members of the ONU Cheerleading Squad. I understand the physical, medical, and catastrophic risks associated with these activities and I release the members and coach of the ONU Cheerleading Squad and Ohio Northern University from liability for any accidents or injuries which may occur as a result of my participation in tryout activities.

Name _____ Date _____

Signature _____

Signature of Parent or Guardian if Under 18 _____

Emergency Contact: Name _____ Phone # _____